

# INTEGRATION + CONNECTION = MOMENTUM

by Danye Williamsen

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## INTEGRATION

All actions in life are responses to needs. Those needs may be physical or psychological/spiritual. As a teacher, author, and creative life coach, my perspective is based on the belief that we are "spiritual beings having a human experience." So, naturally, when I observe an event in the world, I look toward the psychological/spiritual to see the threads that are influencing the intention behind the event.

When I look at the world in this way, I see a lattice of threads that connect us all in many different ways. As I watch someone struggling to grow her business, I see the newly-formed threads her business efforts are weaving; however, I also see the catalytic threads that exist on a grander scale and drew her in this particular direction on her wondrous journey of creation.

When I experienced THE JOY OF CONNECTING™, I could see the intentions of the founders very clearly. Their desire to provide networking support for women in their burgeoning efforts to establish places for themselves is echoed in every nuance of the experience you have at one of THE JOY OF CONNECTING™ gatherings. Their intensity of focus on the success of this networking concept has rewarded both of them with prosperity in many areas of their lives—a goal that is common to us all.

What I could also see were the catalytic threads connecting their efforts to a strong spiritual movement in the world to reach beyond the obstacles we place between us by focusing instead on our similarities. In other words, seeking to **integrate**, to work as a whole by bringing everyone together in harmony. I believe this movement exists outside the conscious awareness of most, but *they are responding to it nonetheless through efforts like those of Bonnie Ross-Parker and Dawn Billings*. Although THE JOY OF CONNECTING™ is ostensibly about networking for women in business, its power lies in providing a "safe place" for women to relate without the barriers we usually allow to exist between us.

## CONNECTION

When two or more persons get together with common interests or goals, often you can "feel" the energy. People have even said they get a "high," psychologically speaking, from being with certain groups of people. Science tells us that as two objects begin interaction, what was once potential energy (energy that was unavailable to you) becomes kinetic energy or *energy in motion*. When the objects cease to move, the kinetic energy is released, and therefore, available.

*So, it is the connection that occurs between people which unlocks this potential energy.* The most dramatic results happen when this released energy is channeled toward a specific goal. It generates enthusiasm and creativity! It opens doors you never even considered before!

When women use this energy to **connect**, we are rewarded with feelings of elation, joy, accomplishment, and of being in the flow of life. This is what happens at THE JOY OF CONNECTING™ gatherings. Women come together with networking in mind, and the Universe responds with continual bursts of energy that energize us long after we've all gone home for the evening. What a blessing!

## MOMENTUM

I am not surprised about the way THE JOY OF CONNECTING™ is gaining momentum. The sheer force of all the energy being released at these gatherings should propel it into every city in the United States and every nation in the world. It has the potential of creating an authentic community of women which not only serves the individual but nurtures harmony on a much grander scale.

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